

A photograph of a woman in a white tank top breastfeeding a baby in a pink onesie. The woman is looking down at the baby. In the background, there are other people and what looks like a food truck or outdoor market area.

## Sonoma County Breastfeeding Coalition

*I have the right to Breastfeed!*

<http://sonomacountybreastfeedingcoalition.org/>  
**BREASTFEEDING IN PUBLIC IS A BASIC CIVIL RIGHT**

California Public Breastfeeding Law:  
Notwithstanding any other provision of law, a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and the child are otherwise authorized to be present.

(Added by Stats. 1997, Ch. 53, Sec. 1. Effective January 1, 1998)

California Civil Code § 433

What we know about breastfeeding:

- \* It is the normal method for feeding a baby
- \* If 90% of US babies were breastfed for at least 6 months, US Healthcare savings would be over \$13 billion annually
- \* Health benefits for both mom and baby increase the longer they breastfeed
- \* Breastfeeding creates no waste or environmental impact

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California Civil Code § 43.3

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A photograph of a woman with dark hair tied back, wearing an orange top, sitting on a bench and breastfeeding a baby. In the background, another person is sitting on a beach chair under a blue umbrella. The scene is outdoors with a clear sky.

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Breastfeeding Coalition

<http://sonomacountybreastfeedingcoalition.org/>

**AMAMANTAMIENTO EN PÚBLICO ES UN DERECHO CIVIL BÁSICO.**

Ley de Lactancia Materna Pública de California:  
No obstante cualquier otra disposición legal, la madre podrá amamantar a su hijo en cualquier lugar, público o privado, excepto la casa privada o residencia de otro, cuando la madre y el niño estén autorizados a estar presentes.

(Análogo por Estadísticas. 1997. Ch. 59. Sec. A. A partir del 1 de enero de 1998.)  
Código civil de California 43.3

**Lo que sabemos sobre la lactancia materna:**

- \*Es el método normal para alimentar a un bebé
- \* Si el 90% de los bebés estadounidenses fueran amamantados durante al menos 6 meses, los ahorros de US Healthcare serían de más de \$13 mil millones anuales
- \* Beneficios de salud para tanto la madre como el bebé aumentan cuanto más amamantan
- \* La lactancia materna no crea desperdicios ni impacto ambiental

A woman with dark hair tied back is sitting on a park bench, breastfeeding a baby. She is wearing a red top. In the background, another person is sitting on a bench. The scene is outdoors with trees and a building in the distance.

A woman with dark hair tied back is sitting on a park bench, breastfeeding a baby. She is wearing a red top. In the background, another person is sitting on a bench. The scene is outdoors with trees and a building visible in the distance.

A woman with dark hair tied back is sitting on a bench in a park-like setting. She is wearing a red top and blue jeans. She is holding a baby close to her chest and appears to be breastfeeding. In the background, another person is sitting on a bench under a tree. The sky is clear and blue.

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