Sonoma County
Breastfeeding Coalition

I have the right to Breastfeed!

http://sonomacountybreastfeedingcoalition.org/

BREASTFEEDING IN PUBLIC IS A BASIC CIVIL RIGHT

California Public Breastfeeding Law:
Notwithstanding any other provision of law, a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and the child are otherwise authorized to be present.

(Added by Stats. 1997, Ch. 59, Sec. 1. Effective January 1, 1998.)
California Civil Code § 43.3

What we know about breastfeeding:

- It is the normal method for feeding a baby
- If 90% of US babies were breastfed for at least 6 months, US Healthcare savings would be over $13 billion annually
- Health benefits for both mom and baby increase the longer they breastfeed
- Breastfeeding creates no waste or environmental impact

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AMAMANTAMIENTO EN PÚBLICO ES UN DERECHO CIVIL BÁSICO.

Ley de Lactancia Materna Publica de California:
No obstante cualquier otra disposición legal, la madre podrá amamantar a su hijo en cualquier lugar, público o privado, excepto la casa privada o residencia de otro, cuando la madre y el niño estén autorizados a estar presentes.

(Añadido por Estadisticas. 1997, Ch. 59, Sec. 1. A partir del 1 de enero de 1998.)
Codigo civil de California 43.3

Lo que sabemos sobre la lactancia materna:

* Es el metodo normal para alimentar a un bebe
* Si el 90% de los bebés estadounidenses fueron amamantados durante al menos 6 meses, los ahorros de US Healthcare serían de más de $13 mil millones anuales
* Beneficios de salud para tanto la madre como el bebé aumentan cuanto más amamantan
* La lactancia materna no crea desperdicios ni impacto ambiental

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